

Mo

Di

Mi

Do

Fr

Sa

So

06:00 Fitness
- 07:00

06:00 Fitness
- 07:00

07:00 Fitness
- 08:00

07:00 Fitness
- 08:00

7:00 Fitness
- 08:00

07:00 Fitness
- 08:00

07:00 Fitness
- 08:00

09:00 Fitness
- 10:00

9:00 Fitness
- 10:00

9:00 Fitness
- 10:00

09:00 Fitness
- 10:00

09:00 Fitness
- 10:00

11:00 Fitness
- 12:00

10:00 Muscle Hustle
- 11:30

11:00 Fitness
- 12:00

15:30 Kids
4-8 Jahre
- 16:30

15:30 Fitness
- 16:30

15:30 Kids
3-8 Jahre
- 16:30

15:30 Fitness
- 16:30

15:30 Fitness
- 16:30

15:30 Kids
3-8 Jahre
- 16:30

16:30 Fitness
- 17:30

16:30 Kids
8-12 Jahre
- 17:30

16:30 Fitness
- 17:30

16:30 Kids
8-12 Jahre
- 17:30

16:30 Fitness
- 17:30

16:30 Fitness
- 17:30

16:30 Fitness
- 17:30

16:30 Kids
8-12 Jahre
- 17:30

17:30 Fitness
- 18:30

17:30 Teens
12-18 Jahre
- 18:30

17:30 Weightlifting
- 18:30

17:30
Gymnastics
Basics

17:30 Teens
12-18
- 18:30

17:30 Fitness
- 18:30

17:30 Fitness
- 18:30

17:30 Teens
12-18 Jahre
- 18:30

18:30 Weightlifting
- 19:30

18:30 Fitness
- 19:30

18:30 Fitness
- 19:30

18:30 Gymnastics
Advanced
- 19:30

18:30 Fitness
- 19:30

19:30 Fitness
- 20:30

19:30 Fitness
- 20:30

15:30 Fitness
- 16:30

16:30 Fitness
- 17:30